

Chapter 6: Develop Wisdom

A person is not wise simply because he has lived a long time. To create wisdom, we have to reflect and notice the larger lessons. We have to integrate and use those insights. We acknowledge mistakes. We change. We deepen. We recognize that whatever our age, there is no end to our development. That's wisdom.



“We have not achieved anything by ourselves.”



G What are the 3 most important lessons of your life so far?









How have you used these insights in your day to day life?



G Name 2 or 3 personal flaws or mistakes that you have overcome.



Developing wisdom is living into the larger questions and creating our own relationship with God, or Spirit, or the natural world.

As we grow in experience, we accept that much of life is a mystery and we find our joy and satisfaction in being our best selves, right here, right now.



G Describe your relationship with God, Spirit or the natural world. How do you connect with something bigger than yourself?



“I have done several mistakes, and I think that has made me wise.”



G What is beauty to you? How can you notice or create more beauty in your life?

Wisdom cultivates every experience for self development.



“If this is God, man alive, I believe in you!”

Chapter 6 Skill Summary:

Develop Wisdom

- Reflect on your life.
- Correct mistakes.
- Look for beauty.
- Practice compassion.
- Surrender to something greater.

